

**Federation of Diocesan Liturgical Commissions [FDLC]**

**Mystagogical Reflection on Texts of the *Roman Missal***

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SIXTH SUNDAY OF EASTER

May 25, 2014

**Prayer after Communion:**

Almighty ever-living God,  
who restore us to eternal life in the Resurrection of Christ,  
increase in us, we pray, the fruits of this paschal Sacrament  
and pour into our hearts the strength of this saving food.  
Through Christ our Lord.

**Reflection:**

The Prayer after Communion is rooted in the words Jesus imparted to his disciples at the Passover Meal, “This is my body, which will be given for you; do this in memory of me” [Luke 22:19 NAB]. Yes, it is the life, crucifixion, Death, Resurrection, and Ascension of Jesus that feeds and strengthens the weary soul!

Every time that we “do this”, our prayer is for God to increase in us the ability to love and care for one another as the Body of Christ, but also to love and care for the least of those amongst us. This saving food, the Body and Blood of Christ, strengthens in us the resolve to be credible witnesses of God’s mercy and grace.

It is our hope that as bread and wine are transformed into Holy Food, our hearts may be set afire to recognize the face of God in the people and in the culture in which we live.

**Prayer:**

O Most Holy One, you are food for the soul. As we feast on your Body and Blood, teach us to be servants among servants, so that all may come to know your love and mercy. You, Jesus, are our Lord and Savior. Amen. Alleluia, alleluia!

Submitted by:  
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