THE ASCENSION OF THE LORD, *Solemnity*
June 1, 2014

At the Mass during the Day

**Prayer after Communion:**

Almighty ever-living God,
who allow those on earth to celebrate divine mysteries,
grant, we pray,
that Christian hope may draw us onward
to where our nature is united with you.
Through Christ our Lord.

**Reflection:**

This Prayer after Communion follows the oldest formula found in the *Gelasian Sacramentary* (8th century). We pray that God, who does a wonderful thing, grant us something even greater: eternal life. And we ask it through Christ our Lord. Here the great gift is “Christian hope” and its power to draw us forward to be united with God.

For six weeks we have reveled in the Resurrection, and now we near the end of the Easter Time. We belong to the earth, but through the gift of the Incarnation we are allowed to touch the divine mysteries. Christian hope grounds us and gives us the courage to endure the difficulties of daily life and to remain faithful. It allows us to catch glimpses of God, to grab on to the garment of Jesus, and to hang on tight all the way to eternal life!

**Prayer:**

Lord Jesus, as we celebrate the Ascension, may we follow you in hope and be lifted up with you in glory.

Submitted by:
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