

**Federation of Diocesan Liturgical Commissions [FDLC]
Mystagogical Reflection on Texts of the *Roman Missal***

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SECOND SUNDAY IN ORDINARY TIME

January 19, 2014

Prayer after Communion

Pour on us, O Lord, the Spirit of your love,
and in your kindness
make those you have nourished
by this one heavenly Bread
one in mind and heart.
Through Christ our Lord.

Reflection:

The Latin *infunde*, which is here translated “pour on us”, might be better rendered “pour into us.” In this it references Paul’s Letter to the Romans 5:5: “God’s love has been poured into our hearts through the Holy Spirit who has been given to us” [RSV].

Having received the Lord’s Body and Blood in Holy Communion, we now ask that the effects of that Sacrament will be made present in our lives. The work of the Holy Spirit is at the heart of this prayer. The gift of the Eucharist is continued in and through the gift of the Spirit. What are we asking of God? That we may be one in mind and heart.

This prayer will often be used in close proximity to the Week of Prayer for Christian Unity – 18-25 January each year. That context is a reminder that we are still divided in faith and life but we strive toward that time when we will realize the prayer of Jesus that all might be one.

Prayer:

Lord, may the Holy Spirit inspire us to hunger for the unity which the Eucharist we have celebrated signifies.

Submitted by:
Fr. John Sauer
Pastor, Sacred Heart Parish
Owatonna, MN
Director of the Office of Divine Worship
Diocese of Winona

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