

**Federation of Diocesan Liturgical Commissions [FDLC]  
Mystagogical Reflection on Texts of the *Roman Missal***

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FIFTEENTH SUNDAY IN ORDINARY TIME  
July 13, 2014

**Prayer after Communion:**

Having consumed these gifts, we pray, O Lord,  
that, by our participation in this mystery,  
its saving effects upon us may grow.  
Through Christ our Lord.

**Reflection:**

Although this prayer dates from the seventh century and was used late in Easter Time, it serves us well on the Fifteenth Sunday in Ordinary Time following the reform of Vatican Council II. It helps us recall the whole of the mystery of Christ.

In the same way we feed our children so they grow up in wisdom, age, and grace (mysterious, is it not?) the Church feeds the children of God. We, God's children, feed on Eucharistic bread and wine, feed on Body and Blood, feed on God.

This participation in Communion is our right because of new birth in Baptism. It is also our duty. For once out of the baptismal bath, we now dress like Christ and bear his light. We complete the "giving thanks" begun in the Eucharistic Prayer by dining at the Lord's table, by eating and drinking the Lord's meal, by participating in so great a mystery – Christ once dead, now risen for ever. By consuming Jesus the Christ, his saving life grows within us. We become like him – who became like us in all things but sin.

So great a mystery!

**Prayer:**

Oh Dead and Risen Lord,  
feed us always with your very self  
that we may grow week by week to be like you  
– dead to sin and raised to life anew.

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Excerpt from *The Roman Missal, Third Edition* © 2010, ICEL.  
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