

**Federation of Diocesan Liturgical Commissions [FDLC]
Mystagogical Reflection on Texts of the *Roman Missal***

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TWENTY-SIXTH SUNDAY IN ORDINARY TIME
September 28, 2014

Prayer after Communion:

May this heavenly mystery, O Lord,
restore us in mind and body,
that we may be coheirs in glory with Christ,
to whose suffering we are united
whenever we proclaim his Death.
Who lives and reigns for ever and ever.

Reflection:

Our gifts of bread and wine are changed, by God's action, into this heavenly mystery. In this mystery – Paschal and heavenly – we are united to Christ. In this mystery – Suffering, Death, and Resurrection of Christ – is living presence within us.

Sometimes in our suffering, our “yes” or “no” does not always mean yes or no. Through the Eucharist, we receive the grace that allows us to “change our minds” and be restored in mind and body so that we can always remain united to him and, thus united to him, coheirs in glory with him.

Prayer:

Heavenly Father, we pray that we always long for the food that nourishes and transforms us to do what is pleasing to you and brings us to everlasting life.

Submitted by:
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Excerpt from *The Roman Missal, Third Edition* © 2010, ICEL.

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