

Federation of Diocesan Liturgical Commissions [FDLC]

Mystagogical Reflection on Texts of the *Roman Missal*

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TWENTY-SEVENTH SUNDAY IN ORDINARY TIME

October 05, 2014

Prayer after Communion:

Grant us, almighty God,
that we may be refreshed and nourished
by the Sacrament which we have received,
so as to be transformed into what we consume.
Through Christ our Lord.

Reflection:

We call on God to reinvigorate our lives and give us the sustenance that will nourish our body, mind, and spirit. Our prayer is offered in faith, with the hope of becoming, as St. Augustine tells us, that which we have received. “The prayer was newly composed for the post-Vatican II missal. It quotes the end of Leo the Great’s Sermon 63, where he says that we pass into the Communion we take, carrying the risen Christ with us” (Paul Turner, *Pastoral Companion to the Roman Missal*, © 2010, World Library Publications, p. 148).

We bring our whole selves to the Eucharist and place our joys and burdens on the altar of sacrifice. As Jesus offers them to the Father through the power of the Holy Spirit, we enter into and become the mystery that we celebrate by the power of the Risen Lord and the work of the Holy Spirit. Thus, we are restored and fed, not for our own sakes, but rather to become the hands and feet of Christ for the sake of others. Refreshed and nourished, we are sent forth to love more profoundly and to serve more intensely.

Prayer:

May we who gather at the table of God’s Word and feast around the altar of sacrifice, be restored to our innocence and strengthened by the Bread of Life so that we may become the Christ for those who are broken, poor, sick, and burdened.

Submitted by:
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Excerpt from *The Roman Missal, Third Edition* © 2010, ICEL.

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