

**Federation of Diocesan Liturgical Commissions [FDLC]
Mystagogical Reflection on Texts of the *Roman Missal***

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First Sunday after Pentecost
THE MOST HOLY TRINITY, **Solemnity**
June 15, 2014

Prayer after Communion:

May receiving this Sacrament, O Lord our God,
bring us health of body and soul,
as we confess your eternal holy Trinity and undivided Unity.
Through Christ our Lord.

Reflection:

This brief prayer from our Roman tradition encapsulates the essence of what it means to participate in the Eucharist: that the Body and Blood of Christ we have shared heals the sin we carry and the divisions that keep us separated from one another. Therefore, we who have been reconciled to God and to one another are sent to announce to the world that the sin and enmity that continue to divide humankind are also healed in the unifying love of God.

Like the Trinity, health of body and soul is not a static, enclosed condition meant only for one's own benefit. God's healing is not an end in itself. Rather, healing is for the glory of God. Healing reunites us into the midst of the assembly that together we might confess and proclaim God's reconciling love for all and draw others into this union with God. That is what we witness in the undivided Unity of the Trinity – not a mathematical conundrum but an ever-giving, self-sacrificing offer of love for the Other.

If we listen carefully, these prayers after Communion in myriad ways remind us of this essential Christian mission. We who have been drawn into the healing love of the Trinity are sent to be that love for others that they too might be one with us in the eternal life of God.

Prayer:

Healer of body and soul, may we who have been reconciled by divine Love draw others by our word and deed into your life-giving Unity so that all may be eternally one in you. Amen.

Submitted by:
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