Prayer after Communion:

Grant, O Lord, we pray, that we may delight for all eternity in that share in your divine life, which is foreshadowed in the present age by our reception of your precious Body and Blood. Who live and reign for ever and ever.

Reflection:

Those who pray this prayer have shared in the Body and Blood of the Lord at Communion from the Table of the Eucharist and have a foretaste of the heavenly banquet. Those praying are paying attention to the Holy Presence encountered in the entire Communion procession. It is the assembly walking together in life-procession seeking to satisfy the hungers which cannot be satisfied in any other way. There is more here than meets the eye!

Having shared in Communion, we acknowledge that our hungers are satisfied not only as individuals but as a community. The divine life foreshadowed in the present age is available to us now through the conscious act of surrender, reception, and openness to receive. In that act, we become one with the One whom we receive. We practice this communal act week after week until that day when, at the last, we will take this Body and Blood, this divine life, for the final time, as viaticum, that is, food for the journey.

Prayer:

O God, we hunger for so much in this world that is not you. Order our desires to hunger for you that our delight and contentment may be complete with you, this side of heaven, and, at the last, before your holy face. Amen.

Submitted by:
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