

Federation of Diocesan Liturgical Commissions [FDLC]
Mystagogical Reflection on the Collects of the *Roman Missal*
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September 14
THE EXALTATION OF THE HOLY CROSS, **Feast**

Prayer after Communion:

Having been nourished by your holy banquet,
we beseech you, Lord Jesus Christ,
to bring those you have redeemed
by the wood of your life-giving Cross
to the glory of the resurrection.
Who live and reign for ever and ever.

Reflection:

At the center of every Eucharistic Liturgy is the celebration of the Paschal Mystery – the life, Passion, Death, Resurrection, and Ascension of Jesus Christ. On this Feast of the Exultation of the Holy Cross, we focus on the glory of the Cross, and we remember that Jesus redeemed the world by his dying on the Cross and rising to new life. This dying and rising, this Paschal Mystery, is the pattern for our own lives.

Every day we bear the burden of our own crosses and we share in the sufferings of others. Like Jesus, we join in solidarity with the poor, the marginalized, the broken-hearted, the lost, and the suffering by walking with them the road of life. Our participation in the Eucharistic banquet strengthens us to bear our burdens in faith, to live Gospel lives of service, and to offer our lives to others. We die to ourselves, our selfishness and greed, so that others may have life. This is the pattern of the Christian life.

Today, we glory in the Cross of life and pray that Christ will bring us to everlasting joy at the heavenly banquet.

Prayer:

Lord Jesus Christ, we give you thanks for the gift of redemption, for you died on the Cross to redeem us from darkness and sin. Nourish our faith that we may pattern our lives after you and always live in Paschal hope.

Submitted by:
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