

READINGS

The following Scripture passages may be proclaimed during an extended period of adoration or exposition. The reading(s) should be accompanied by preaching and periods of silence. You might also use these passages to prepare prayer services for the classroom or a parish meeting.

The full pericopes can be found in *The Lectionary for Mass for the Dioceses of the United States*. Please see:

- Solemnity of the Most Holy Body and Blood of Christ – nos. 167 (Year A), 168 (Year B), 169 (Year C)
- Votive Mass: The Most Holy Eucharist – nos. 976-981
- Votive Mass: The Most Precious Blood of Our Lord Jesus Christ – nos. 989-994

OLD TESTAMENT

Genesis 14:18-20	Melchizedek brought forth bread and wine.
Exodus 12:21-27	Seeing the Blood on the lintel and the two door posts, the Lord will pass over that house.
Exodus 24: 3-8	This is the Blood of the covenant that the Lord has made with you. (no. 989)
Exodus 16:2-4, 12-15	I will now rain down bread from heaven for you.
Exodus 24:3-8	This is the blood of the covenant that the Lord has made with you.
Deut. 8:2-3, 14b-16a	He fed you with manna, a food unknown to you and your fathers.
1 Kings 19:4-8	Strengthened by that food, he walked to the mountain of God.
Proverbs 9:1-6	Come, eat of my food and drink of the wine I have mixed.

EASTER SEASON

Acts 2:42-47	They devoted themselves to meeting together in the temple area and to breaking bread in their homes
Acts 10 14a; 37-43	We ate and drank with him after he rose from the dead.
Revelation 1:5-8	To him who loves us and freed us from our sins by his Blood.
Revelation 7:9-14	They have washed their robes and made them white in the Blood of the Lamb.

RESPONSORIAL PSALM

Psalm 23:1-3, 4, 5, 6	The Lord is my shepherd; there is nothing I shall want.
Psalm 34: 2-3, 4-5, 6-7, 8-9, 10-11	Taste and see the goodness of the Lord OR
Alleluia	
Psalm 40:2&4ab, 7-8a, 8b-9, 10	Here I am, Lord, I come to do your will.
Psalm 78: 3&4a&7ab, 23-24, 25&54	The Lord gave them bread from heaven.
Psalm 110:1, 2, 3, 4	Christ the Lord, a priest for ever in the line of Melchizedek OR You are a priest forever in the line of Melchizedek
Psalm 116:12-13, 15-16bc, 17-18	Our blessing cup is a communion with the Blood of Christ (1 Cor 10:16)
Palm 145: 10-11, 15-16, 17-18	You open your hand to feed us, Lord, you answer all our needs.
Psalm 147: 12-13, 14-15, 19-20	Whoever eats this bread will live forever.

NEW TESTAMENT

1 Cor 10:16-17	We, though many are one bread, one body.
1 Cor 11:23-26	For as often as you eat the bread and drink the cup, you proclaim the death of the Lord
Hebrews 9:11-15	The Blood of Christ will cleanse our consciences OR He entered once for all into the sanctuary with his own blood (no. 992)
Hebrews 12:18-19, 22-24	You have approached the sprinkled Blood that speaks more eloquently than that of Abel.
1 Peter 1:17-21	You were ransomed with the precious Blood of Christ...
1 John 5:4-8	So there are three that testify, the Spirit, the water, and the Blood.

GOSPEL

Mark 14:12-16, 22-26	This is my Body. This is my Blood.
Mark 15:16-20	They clothed him in purple and weaving a crown of thorns, they placed it on him.
Luke 9:11b-17	They all ate and were satisfied
Luke 22:39-44	His sweat became like drops of blood, falling on the ground.
Luke 24:13-35 OR 24:13-16, 28-35	They recognized him in the breaking of the bread.
John 6:1-15	He distributed to those who were reclining as much as they wanted.
John 6:24-35	Whoever comes to me will never hunger, and whoever believes in me will never thirst.
John 6:41-51	I am the living bread that came down from heaven.
John 6:51-58	My flesh is true food and my Blood is true drink.
John 19:31-37	One soldier thrust his lance into his side and immediately blood and water flowed out.
John 21:1-14	Jesus came over and took the bread and gave it to them.

MUSIC SUGGESTIONS

Adoro te devote – Latin Mode V, text: Thomas Aquinas, +1274

“Adoro te devote” – Various translations in English

e.g., Godhead, Here in Hiding, tr. G. M. Hopkins (Public Domain)

Humbly I Adore Thee, Hidden Deity, tr. John Mason Neale (Public Domain)

Español: Con devoto Anheló

Alleluia! Sing to Jesus!

Text: Revelation 5:9, William Dix (1837-1898)

Tune: HYFRYDOL 8787D; Rowland H. Prichard (1811-1887)

Ave Verum Corpus, Mode VI

Ascribed to Innocent VI, d. 1362

Blessed be God (Divine Praises)

Text: Luigi Felici (1736-1818)

Chant: Theodore Norbert Marier (1912-2001)

Alt. Tune: Matt Maher

Ecce Panis Angelorum, Mode VII

Verses from *Lauda Sion*, Aquinas

Jesus, My Lord, My God, My All

Text: Frederick W. Faber (1814-1863)

Tune: SWEET SACRAMENT

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O Panis dulcissime, Mode I Sequence

In Honor of the Blessed Sacrament (O most sweet Bread, O faithful and soul-nourishing food.)

O Salutaris / O Saving Victim / ¡Oh Víctima de Salvación!

Tune(s): WERNER, DUGUET, *Creator alme siderum*, Mode IV

Panis Angelicus, Mode IV chant

Also TUNE: LAMBILLOTTE

Pange Lingua / Tantum Ergo, Mode III, Aquinas

Pange Lingua, tune: ST. THOMAS

Pange Lingua, Ricky Manalo

Various English translations:

Sing, My Tongue, the Savior's Glory

Down in Adoration Falling, tr. Edward Caswell

Canta Lengua Jubilosa (Español) / Al Augusto Sacramento © OCP

ESPAÑOL

- ¡Oh Víctima de Salvación! / O Salutaris Hostia
- Con devoto Anheló/ Adoro te devoto, Mode V
- Canta Lengua Jubilosa/ Pange Lingua, Mode III
- Alabado Sea el Santísimo, tradicional, siglo XVI
- Cantemos al Amor, Letra: , Restituto del Valle, OSA
Música: Juan Ignacio Busca Sagastizába, siglo XX
- Bendito, Bendito, Tradicional
- Que la Lengua Humana Cante, Francisco Palazón
- ¡Oh Buen Jesús!, Letra: Anónimo
Música: SACRUM CONVIVIAM
- Altísimo Señor, Tradicional
- Al Augusto Sacramento / Tantum Ergo, Mode, ST. THOMAS

AFRICAN AMERICAN SACRED MUSIC

“We’ve Come to Worship You.” Text and Tune: Stephen Key

<https://youtu.be/vg82je1nSyU>

“Day and Night Praise.” Text and tune by Margaret Pleasant Douroux

<https://youtu.be/gm2jtpNcXfc>

“O King, O Lord, O Love.” Text and tune by Timothy Watson

<https://youtu.be/Ni9s-nPAqwI>

Hallelujah, Amen! Text and Tune: Nolan Williams, Jr.

<https://youtu.be/QRzvJqRA0SI>

“And He Blessed My Soul.” Text and Tune: Anita Watkins-Stevens

<https://youtu.be/5QccZsgaKu4>

<https://www.giamusic.com/store/resource/and-he-blessed-my-soul-print-g7987>

“O Come, Let Us Adore Him.” Text: John Francis Wade; Translator: Frederick Oakeley

Tune: ADESTE FIDELES. Lead Me, Guide Me (2nd ed.)

https://youtu.be/7Xg_T4zkjw

TAIWANESE

“Ban-bin ah (lin toil old)” or “Let All Nations (Praise the Lord)”

Text and Music: Xiangqi Zhang (or Hsiang-chi Chang) and I-to Log. Tune: O-LO.

O-lo means “praise” in Taiwanese.

VIETNAMESE

My God and My All. Rufino Zaragoza, OFM.

<https://youtu.be/Zqm8WnjMQxM>

Available in English and Bilingual, OCP